SHORT ROWS PICKING UP AND HIDING WRAPS ALA CAT BORDHI*

Cast on 20 stitches. Work 4 rows in Stockinette St.

Row 1 (RS): K to 2 sts before the end. Move the yarn to the front, slip the next st knitwise, move the yarn to the back, slip the stitch back to the left needle leaving it twisted and turn the work.

Row 2 (WS): P to 2 sts before the end. Move the yarn to the back, slip the next st purlwise, move the yarn to the front, slip the stitch back to the left needle and turn the work.

Rows 3 & 5: K to 2 sts before the wrapped stitch. Move the yarn to the front, slip the next st knitwise, move the yarn to the back, slip the stitch back to the left needle leaving it twisted and turn the work.

Rows 4 & 6: P to 2 sts before the wrapped stitch. Move the yarn to the back, slip the next st purlwise, move the yarn to the front, slip the stitch back to the left needle and turn the work.

Row 7 (picking up the wrap on the K side): K to wrapped stitch. Insert the tip of the right needle under the wrap and pull it completely over the stitch (to the left of it) then knit those two together through the back loops. Repeat for each wrapped stitch.

Row 8 (picking up the wrap on the P side): P to the wrapped stitch. Rotate your work towards you so you can see the knit side. From under the wrap, pick it up and pull it over the stitch (to the left of the stitch), then purl both together. Repeat for each wrapped stitch.

https://youtu.be/_yVikAvPuE4